

## Qbtech ADHD Award at 5. DPK 2026

### Call for submissions



The 5th German Psychotherapy Congress in Berlin invites proposals for the inaugural **Qbtech ADHD Award (€ 1.500)**. Qbtech is a manufacturer of medical devices and evidence based objective tests for ADHD (QbTest and QbCheck). The Qbtech ADHD award is a recognition that bridges research, clinical practice, and lived experience.

#### Purpose of the Qbtech ADHD Award:

This award aims to spotlight pioneering efforts at the nexus of ADHD research, therapeutic innovation, self-regulation, and stakeholder engagement. Special emphasis is placed on formats that bring evidence into practice and resulting in improved care for patients with ADHD.

#### Who May Apply:

Researchers, clinicians, patient advocacy groups, or interdisciplinary teams.

#### Award Focus Areas:

- Innovative formats translating scientific ADHD insights into clinical or public settings.
- Participatory design (e.g., co-creation with patients, relatives, practitioners).
- Formats aimed at enhancing self-regulation.
- Strategies fostering sustainable ADHD care or reducing stigma.

#### Award Recognition:

- A highlighted presentation at 5. DPK 2026.
- Visibility among ~2,000 anticipated participants, including academics, practitioners, industry, policy-makers, and patient communities.
- Support from industry sponsors and potential follow-up opportunities.

#### How to Submit:

- **Deadline:** 2026/03/30
- **Requirements:** A one-page summary of concept, methodology, stakeholders involved, and intended impact as well as the published article on the topic.
- **Send to:** [dpk@eventlab.org](mailto:dpk@eventlab.org)

5. DEUTSCHER PSYCHOTHERAPIE KONGRESS

#### Partner:

unith e.V.  
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DGPs  
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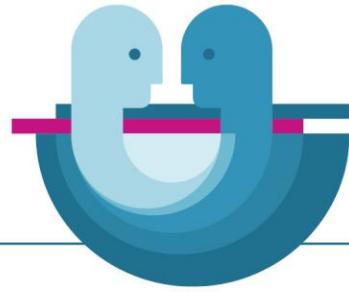
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## Why Participate?

- Contribute to the congress's mission: **translating insights into practice**, through formats that enhance collaboration and insight uptake.
- Showcase innovation in ADHD care, particularly in self-regulation and participatory development.
- Join a growing community dedicated to advancing mental health knowledge and practice at scale.

## About Qbtech

Founded in 2002, Qbtech is a privately-owned Swedish company. Our founders saw how time-consuming and opaque ADHD assessment could be when they started treatment and they began our mission to help improve the lives of people with ADHD. Out of that mission, we have developed leading solutions and products for improving the diagnosis, treatment and follow-up of patients living with ADHD.

Qbtech has operations in 17 countries and has offices in Stockholm, Houston, and London. Qbtech is an award-winning company recognized for their innovation. We help clinicians measure core ADHD symptoms: inattention, activity levels, and impulsivity. These high-quality objective tests allow clinicians to get access to easy-to-interpret reports that compare individuals' performance against an age and sex at birth matched control group. This data enables clinicians to:

- Reduce the time to diagnostic decision
- Better understand ADHD symptoms
- Improve communication with patients and their families.

Qbtech offers both in-clinic and telehealth testing capabilities, which are conducted with a healthcare provider. Using a task administered on a computer, the in-clinic device uses an infrared tracking camera and head sensor to measure core ADHD symptoms – activity, inattention, and impulsivity – through a 15-20-minute computer-based test. Results are instantly analyzed and presented in a report that compares a patient's results with a group of people of the same age and gender at birth without ADHD: [About Us - ADHD testing with Qbtech](#)

Congress website: <https://deutscher-psychotherapie-kongress.de>

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